



EAST DIVISION

AMES

Little Cyclones

CEDAR RAPIDS

RoughRiders

DES MOINES

Capitals

DUBUQUE

Devils

MASON CITY

Mohawks

QUAD CITY

Blues

WATERLOO

Warriors

WEST DIVISION

DES MOINES

Oak Leafs

KANSAS CITY

Jr. Outlaws

KANSAS CITY

Stars

LINCOLN

Jr. Stars

OMAHA

Energy

SIOUX CITY

Metros

SIOUX FALLS

Flyers

MHSHL VARSITY CHAMPIONSHIP TOURNAMENT

February 26-28
Ames/ISU Ice Arena

MHSHL JR. VARSITY YEAR-END TOURNAMENT

March 5-7
Ames/ISU Ice Arena

MHSHL ALL-STAR GAME

Saturday, March 6
Ames/ISU Ice Arena

Competitive
High School Hockey
Scoring Big on
Family and Academic
Values!

Midwest High School Hockey League 2009-10 GAME-DAY ROSTERS



LINCOLN Jr. Stars

NO	NAME	HT	WT	POS	GRADE	SCHOOL
2	Justin Machacek	6-1	165	D	Sr	Lincoln North Star
3	Trey Beckenhauer	5-9	153	F	So	Lincoln
4	Zac Ross	6-0	192	F	Sr	Lincoln Southwest
5	Tyler Hermsmeyer	5-10	145	F	Sr	Lincoln East
6	Tannor Mroczek	5-11	160	F	Jr	Gothenburg
7	Zach Taylor	6-0	197	D	Sr	Lincoln Southeast
8	Dillon Philipps	6-3	195	F	Sr	Lincoln East
9	Zach Flodman	6-5	170	D	Fr	Waverly
10	Cody Harms	5-7	143	F	Fr	Grand Island Northwest
11	Brayson Buske	5-6	120	F	Fr	Lincoln Southeast
12	Isaac Jacoby	5-8	145	D	So	Lincoln
13	Austin McConnell	5-11	176	D	So	Kearney
14	Zach Roach	5-11	160	F	So	Lincoln Southwest
15	Zac Roeder	6-2	180	D	Jr	Elkhorn
16	Preston Block	6-0	165	F	Sr	Lincoln Southwest
17	John Clark	5-5	125	F	So	Lincoln Pius X
18	Jordan Wright	5-10	135	D	Fr	Lincoln Southwest
19	Tanner Muhle	5-9	130	F	So	Lincoln
20	Matt Pangle	6-0	175	F	Jr	Kearney
21	Adam Peterson	6-0	186	D	Sr	Waverly
22	Taylor Poland	5-6	135	F	Jr	Lincoln North Star
23	Jordan Williams	5-7	150	F	Sr	Columbus
24	Mike Pickerel	5-8	150	F	Jr	Lincoln North Star
25	Blake Koster	5-9	190	D	Sr	Kearney
26	Nick Pierce	5-10	146	D	So	Lincoln Southwest
27	Travis Vensky	5-8	160	F	Sr	Lincoln Southeast
28	Jake Weldon	5-3	130	F	So	Lincoln Southwest
29	Jackson Westesen	5-4	120	F	Fr	Kearney
33	Jarin Aden	5-10	180	G	Fr	Grand Island Senior
35	Kyle Shemek	5-9	150	G	So	Lincoln East
37	Nick DeGarmo	6-0	190	G	Sr	Lincoln Southeast
39	Mitch Pangle	5-10	135	G	Jr	Kearney

VARSITY HEAD COACH: Bob Philipps

VARSITY ASSISTANT COACHES: Greg Koster, Matt Wavra, Chad Kline

JV HEAD COACH: Matt Wavra

JV ASSISTANT COACHES: Greg Koster, Bob Philipps, Chad Kline

TEAM REPRESENTATIVE: Steve DeGarmo